

# BETHANY CATHOLIC PRIMARY SCHOOL NEWSLETTER



Term 1 | Week 5 | Friday 25th February 2022

## PRINCIPAL'S MESSAGE



Dear Bethany Families,

Over the next two weeks teachers will be making contact with parents/carers. These initial conversations with parents/carers are intended to be very much about listening and fostering a solid relationship between teachers and families so that each student's learning can be optimised.

The **Letter of Introduction** recently sent home will form the basis of these initial conversations between families and teachers. Thank you to all parents who have taken the time to complete this letter and return it to your child's class teacher.

In order to reach all families teachers are keeping these initial conversations to 10 minutes. A follow up meeting can be made if further discussion is required.

I leave you this week with the **Prayer for Good Humour** by Saint Thomas More. I was made aware about this prayer recently when watching Pope Francis being interviewed on Italian TV. When asked to share some closing remarks the Pope chose to speak about the importance of humour in our lives and how this can give us better perspective on life.

Pope Francis went on to say:

**"If one doesn't have a sense of humour, it's very difficult to be happy; it's necessary not to take oneself too seriously. A sense of humour is fundamental to be able to breathe, because it's linked to the capacity to enjoy life, to be enthusiastic."**

The Pope revealed that he has been saying this particular prayer every day for the past 40 years. Thank you for all your continued support as we work in partnership for the children in our community.

Go gently,

Sergio Rosato

Principal



### Prayer for Good Humour

*Grant me, O Lord, good digestion, and also something to digest.*

*Grant me a healthy body, and the necessary good humour to maintain it.*

*Grant me a simple soul that knows to treasure all that is good*

*and that doesn't frighten easily at the sight of evil*

*but rather finds the means to put things back in their place.*

*Give me a soul that knows not boredom, grumblings, sighs and laments,*

*nor excess of stress, because of that obstructing thing called "I."*

*Grant me, O Lord, a sense of good humour.*

*Allow me the grace to be able to take a joke, to discover in life a bit of joy,*

*and to be able to share it with others.*

**St Thomas More**

# ASSISTANT PRINCIPAL'S MESSAGE



Dear Parents and Carers,

Children learn best when they can articulate, reflect on, and have agency in their learning. **Learner Dispositions** help them to do just this. Here are some common Learner Dispositions which you might like to talk about with your children.

## **REFLECTIVE**

I can talk about my learning and where I'm going next

I can be flexible and change my approach as I go

I can set goals and grow as a learner

## **RESILIENT**

I persist

I overcome challenges

I bounce back when things get tough

## **ENGAGED**

I make good choices about my learning

I manage distractions

I can work independently and as part of a team

## **THOUGHTFUL**

I think critically

I think creatively

I reflect on my thinking and learning

## **PERSISTENT**

I stay calm and focused when something is tricky

I know that when something is difficult I am learning

I am determined to reach my learning goals

## **RESPONSIBLE**

I take charge of my learning

I use my initiative

I focus on learning

**Mrs Lloyd**

# ASSISTANT PRINCIPAL'S MESSAGE CONTINUED

## **COLLABORATIVE**

I share my thoughts

I'm open to others' ideas

I learn with others

## **SELF-DIRECTED**

I am in charge of my learning

I understand myself as a learner

I am a strong role model for others

These learner dispositions will allow our children to know how to take charge of their own learning and to *'know what to do when they don't know what to do'*.

Go gently,

Rebecca Lloyd

Assistant Principal

# RELIGIOUS EDUCATION



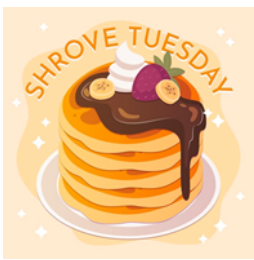
## BETHANY RE ANGELS 2022

Congratulations to the following primary students who will fulfill the role of RE Angel 2022:

*Zara Swadling, Niamh Carroll, Ellie McElroy, Ryan Sapsed, Willow Briggs, Kaitlyn Stubbings, Benjamin Kyle, Jayke Shehata, Maddison Greener, Sarah Baker, Jack Castle, Laura Whitton.*



## LENT BEGINS...



### Shrove Tuesday

Shrove Tuesday is the day before Ash Wednesday and is commonly known as Pancake Tuesday. The origins of Shrove Tuesday date back to the middle ages where the faithful would *shrive* or confess their sins in preparation for Lent. Another more familiar custom is to make pancakes on Shrove Tuesday. This custom originated from the need to prevent the wastage of eggs, sugar and fat which were forbidden to use during Lent.

### Ash Wednesday

Next Wednesday 2nd March, marks the beginning of the Lenten season through the celebration of Ash Wednesday. On this day students from Kindergarten to Year 6 will attend a Mass solely for Bethany students at Padre Pio at 10:15am. Father Chinonye will preside over this Eucharistic celebration. Diocesan directives will be followed to distribute ashes in a COVID safe way.



On many occasions when young students are told that they will have ashes placed on them, they become concerned. Some of them even ask if they will get burnt by the ashes. To help explain and prepare your child for Ash Wednesday you may consider visiting the following websites:

<https://catechistsjourney.loyolapress.com/2017/02/explaining-ash-wednesday-to-children/>

<https://whatsinthebible.com/how-to-talk-to-your-kids-about-ash-wednesday/>

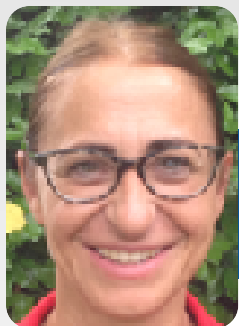
### Can you help with Stations of the Cross at Padre Pio - Good Friday 15th April?

It is tradition at Padre Pio Parish that the Stations of the Cross on Good Friday are led by students from Bethany. We are calling for volunteers from students in Years 4-6 to participate in the Stations of the Cross at Padre Pio on Good Friday. If your child is available to participate, please email Mrs Baldacchino. Students will rehearse for this at school.

*Please note: Easter falls on the middle weekend of the school holidays. Students will need to be available for final rehearsals during the first week of the school holidays.*



**Mrs Baldacchino**



## SPORT

### MRS NEILLY



Ana Stojanovic

## TENNIS NEWS

Congratulations to Ana Stojanovic for trialling and making the Parramatta Diocesan Tennis Team. She will be competing in the Mackillop trials this Friday 25th February in Wollongong. Good luck Ana!

## LIBRARY

### MRS EMMETT



## Story Box Library

This is a reminder to all Bethany families that our school has a subscription to **Story Box Library**. This enables all students and their families to access Australian literature read by Australian authors, illustrators and storytellers. It is a safe online space free from advertising.

**Story Box Library** does not replace the important experience of borrowing books from our school library and reading each night at home. Story Box Library supplements children's reading experiences by connecting them with literature through the complementary medium of film and allowing them to read and listen to books that may not be available in our school library.

**Story Box Library** regularly adds new books, so is an ever-growing library aimed at Kindergarten to Year 6 students. The wide selection of books can be searched by themes, length and appropriateness for different age groups.

To access **Story Box Library** at home:

- 1) Visit [www.storyboxlibrary.com.au](http://www.storyboxlibrary.com.au)
- 2) Choose Log In from the top right corner of the screen
- 3) Log in using the username and password provided below. This is the same for all students.
- 4) Enjoy the library of stories on any device with internet connection

**USERNAME: bethanycps**

**PASSWORD: stories**









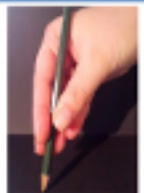


Please contact me in the library if you have any questions about accessing this wonderful resource.





## DO YOU KNOW THE STAGES OF PENCIL GRASP?

Each child develops differently, however, this is a great guide to know if your child needs additional work on pencil grasp. It gives some great suggestions on your child's development. The fact sheet identifies the age related milestones for hand function, pencil grip and drawing skills in children aged 1 to 7 years.

PENCIL GRASP REFERENCE CHEAT SHEET			
EARLY GRASP			
Radial Cross Palmer	Palmer Supinate		
<p>0-2 years</p> <p>Pencil positioned across palm held with a fist</p>	 <p>radial cross palmer grasp</p>	<p>1-2 years</p> <p>Pencil held like a dagger.</p>	
Digital Pronate Grasp	Four Finger Grasp		
<p>2-3 years</p> <p>All fingers hold the pencil and the palm faces down towards the page.</p>		<p>3-4 years</p> <p>Four fingers are held on the pencil beginning to form the arc between the thumb and index finger (web space).</p>	
INEFFICIENT GRASP			
Inter-Digital Brace	Thumb Tuck Grasp		
<p>The pencil is held between the fingers of the hand.</p>		<p>The thumb is tucked under the first three fingers or wrapped around them.</p>	
Key or Lateral Pinch Grasp	Hyperextended Index Finger		
<p>This grasp has the thumb positioned across the index finger closing the web space between the fingers</p>		<p>Tripod grasp where the index finger is extended too far at the DIP (distal interphalangeal joint) due to excessive pressure.</p>	
FUNCTIONAL GRASP			
Static Tripod Grasp	Dynamic Tripod Grasp		
<p>4-6 years</p> <p>A 3 finger grasp where the thumb, index and third finger work together as one unit.</p>		<p>5-7 years</p> <p>This tripod grasp is held by the first three fingers which move independently to the 4th and 5th fingers. The web space is open and becomes circular.</p>	
Lateral Tripod Grasp			
<p>The index finger lies on top of the pencil with the thumb across the index finger.</p>		<a href="http://www.nclexquiz.com">www.nclexquiz.com</a>	

# DATES FOR THE DIARY

<b>01/03/2022</b>	<b>Stage 3 Penola Visit - 9.30am (Hall)</b>
<b>04/03/2022</b>	<b>Yr 5 Bathurst Goldfields Excursion</b>
<b>07/03/2022</b>	<b>Parra Netball trials, Windsor- 12pm</b>
<b>08/03/2022</b>	<b>Open Day 2023 Enrolments 9am - 10am</b>
<b>09/03/2022</b>	<b>Parra Rugby League trials - The Ponds, Kellyville Ridge - 9am</b>
<b>09/03/2022</b>	<b>Open Day 2023 Enrolments 9am - 10am</b>
<b>11/03/2022</b>	<b>Diocesan Swimming Carnival - Blacktown</b>
<b>14/03/2022</b>	<b>Parra Hockey trials, Kingswood - 4pm</b>
<b>15/03/2022</b>	<b>Parra Football trials, Bernie Mullane Sports Complex, Kellyville; Boys- 8:30am; Girls- 1:30pm</b>
<b>15/03/2022</b>	<b>Sacrament of Reconciliation Group 1 - 6:45pm; Group 2 - 7:30pm</b>
<b>17/03/2022</b>	<b>Leadership Day SRC and Inductions</b>
<b>18/03/2022</b>	<b>MACKILLOP Touch trials</b>
<b>22/03/2022</b>	<b>NSWCPS Swimming- SOPAC</b>
<b>25/03/2022</b>	<b>MACKILLOP AFL trials - Wagga</b>
<b>04/04/2022</b>	<b>NSWPSSA Swimming - Diving SOPAC</b>
<b>05/04/2022</b>	<b>NSWPSSA Swimming- SOPAC</b>

# COMMUNICATION

The following information has been advised via the SkoolBag App:

25/02/2022	Parents and Carers of 4B
25/02/2022	Zone Swimmers - Lost Shoes
25/02/2022	Cross Country Runners - Carnival Postponed
24/02/2022	Bus Delay - 4541
24/02/2022	AFL Auskick - cancelled Thursday 24th February
24/02/2022	Cross Country Runners
23/02/2022	Rapid Antigen Test Kit Distribution
23/02/2022	NEPEAN ZONE SWIMMERS - Reminder and Order of Events
22/02/2022	COVID-19 Positive case Notification - 21st February - Kindy
22/02/2022	COVID-19 Positive case Notification - 21st February - Year 6
21/02/2022	Bathurst Goldfields - Friday 4th March - Year 5
21/02/2022	COVID-19 Positive case Notification - 17th February and 18th February - Year 6
21/02/2022	Western Sydney Zoo Excursion- Year 1
21/02/2022	COVID-19 Positive case Notification - 17th February and 18th February - Year 4
21/02/2022	COVID-19 Positive case Notification - 17th February - Year 2
21/02/2022	COVID-19 Positive case Notification - 17th February - Year 4
21/02/2022	COVID-19 Positive case Notification - 17th February - Year 3
18/02/2022	Bethany Swimming Team - Nepean Zone Reminders
17/02.2022	Year 4 Virtual Author Visit
17/02/2022	Bethany Cross Country - Monday 28th February 2022
17/02/2022	COVID-19 Positive case Notification - 14th and 15th February - Year 6
16/02/2022	Australian Government Collection Notice
16/02/2022	COVID-19 Positive case Notification - 14th February - Year 6
15/02/2022	St Padre Pio Parish Sacrament of Reconciliation Reminder
15/02/2022	COVID-19 Positive case Notification - 14th February - Year 2
15/02/2022	COVID-19 Positive case Notification - 11th and 14th February - Year 5
14/02/2022	COVID-19 Positive case Notification - 10th and 11th February - Year 6 (New)
14/02/2022	COVID-19 Positive case Notification - 10th and 11th February - Year 5
14/02/2022	COVID-19 Positive case Notification - 10th and 11th February - Year 6
11/02/2022	COVID-19 Positive case Notification - 9th and 10th February - Year 6





# OTHER MATTERS

## LABELLING ALL ITEMS

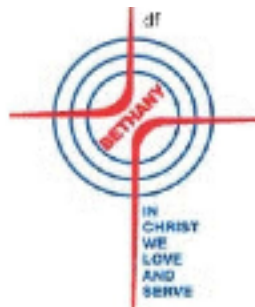
Please ensure that all personal items (clothing, lunchboxes, bags, etc) are clearly labelled with your child(ren)'s name. Each year there are numerous items of clothing, especially hats and jackets that have no names or identification in lost property.

## REMINDER

To minimise interruption to important learning time, please check that your child/children have packed recess, a drink bottle, lunch and the books that are required for their school day before they leave home.



# BETHANY OPEN DAYS



## Enrolling now for Kindergarten 2023 and grades 1-6

We are accepting Enrolments now for 2023 Kindergarten children.

We have limited places available for grades 1-6.

**Our Open Day Tours will take place on the**

**8<sup>th</sup> March 9:00am – 10:00am**

**9<sup>th</sup> March 9:00am – 10:00am**

**Please book online at**

**<https://www.schoolinterviews.com.au/code/uayv2>**

Bethany Catholic Primary School nurtures and celebrates the uniqueness of each child and prepares them for tomorrow's world.

The school offers a wide range of **curricular & co-curricular learning opportunities** including specialist instruction in the areas such as music, sport, library and Italian as a second language.

Our motto, *In Christ we love and serve*, reflects the principles and values of our unique learning community.

Please contact the School Office on 4723 3700 for enrolment packs or visit our website [www.bethanyglensmorepark.catholic.edu.au](http://www.bethanyglensmorepark.catholic.edu.au) for further information.



# OPEN DAYS



**ST DOMINIC'S COLLEGE**  
**2022 OPEN DAY**  
SUNDAY, 6 MARCH

**THE RIGHT CHOICE  
FOR YOUR SON**

ENROLMENTS FOR YEAR 7, 2023  
NOW OPEN

Book your guided tour  
[www.stdominics.nsw.edu.au](http://www.stdominics.nsw.edu.au)  
Enrolment Enquiries - BATES 106



**YOU'RE INVITED**

**CAROLINE CHISHOLM COLLEGE**

**2023 ENROLMENTS  
FOR GIRLS YEARS 7-12**  
Open Night Tours: Monday 7th  
to Wednesday 9th March 2022

Please book through Eventbrite



Follow us  

# COMMUNITY

## BE BUS AWARE

Wait until the bus  
has gone then use a  
safe place to cross



BeBusAware.com.au

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## BE BUS AWARE

Hold on and  
stay alert



BeBusAware.com.au

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positive partnerships

Working together to support school-aged students on the autism spectrum

1 Day Autism Workshop for Parents and Carers



Join other local families to learn more about autism and  
ways to strengthen the home-school partnership

Learn about:

- Diversity of autism
- Understanding behaviour
- Working together with your school

Location:

Crowne Plaza Hawkesbury Valley  
61 Hawkesbury Valley Way  
Winbur NSW 2756

Wheeling and/or light touch are provided

Richmond, NSW

Tuesday 1st March, 2022

9.15am - 3.00pm



interpreters available



To register, visit

[positivepartnerships.com.au](mailto:positivepartnerships.com.au) OR

contact Alison Macrae

[alison.m@positivepartnerships.com.au](mailto:alison.m@positivepartnerships.com.au)



For help, call:

1300 881 971

The Positive Partnerships Workshop is funded by the Australian Government Department of Education, Skills and Employment through the Learning Communities Program and is delivered by Positive Partnerships Australia. The workshop is a joint initiative of the Australian Government Department of Education, Skills and Employment.