

# BETHANY'S NEWSLETTER

FRIDAY 18TH May 2018 TERM 2 - WEEK 3



## PRINCIPAL'S MESSAGE

Dear Parents, Carers and friends of Bethany,

Welcome to our Week 3 newsletter!!

This week the students in Years 3 and 5 completed their NAPLAN assessment for the year. This assessment program provides the school with information about individual learning achievements and also trends in school data. The teachers are constantly collecting data about their students and NAPLAN provides another source of information that the teachers use in their goal to provide the best learning opportunities for all children. Well done to all students in Years 3 and 5 who have given their best during this week during this assessment period.



The Family Day held on Monday was well represented with many parents and grandparents. This is an initiative endorsed by Bishop Vincent to raise awareness of how Catholic Care supports the marginalised families and fundraising opportunity. Today, the children came to school in mufti and with a gold coin to donate to the Catholic Care mission. Included in today's newsletter are helpful hints and recommendations for fostering healthy relations.

Our students and parents engaged with an Anti-Bullying show called 'The Power of One'. There were two shows: one for K - 3 and one for 4 - 6 students. This show supported and consolidated our Bethany goal of educating our students to be aware of what constitutes bullying and how to be safe at school. The Power of One is a series of skits presented by actors who use boxes, colours, and masks to vividly portray what bullying is, what can be done about it, and how every child has the power of one, the power to report and deal with bullying when they see it.

The Power of One:

- Explained the roles in bullying: Bully, Target, and Bystander
- Showed vivid examples of different types of bullying: Physical, Verbal, Exclusion, and Cyber bullying
- Alerted children that Targets need help and intervention
- Encouraged students not to be bystanders
- Emphasised the need for individual action to make the community a safer, better place
- Referred children to parents, adults, and teachers for further assistance and instruction.

# PRINCIPAL'S MESSAGE CONTINUED

*I will not bully others.  
I will not stand by while others are bullied.  
I will report and deal with bullying whenever I see it...  
...because I have  
the POWER of ONE*

The set for the Power of One consists of a series of boxes that fit inside each other like a Russian egg. Each box is a different colour: green, purple, yellow, and white, representing the different roles in the bullying process. Following the colour

scheme of the boxes, the actors put on a green mask when they play the Bully, a purple mask when they play the Target, and a yellow mask for the Bystander. The highlight of the performance is when a volunteer from the audience looks into the Power of One box (which contains a mirror) and sees himself/herself! This leads to the audience taking the Power of One anti-bullying oath and the conclusion of the performance. I wish to acknowledge the passion and support that Mrs Leeanne Biordi has for promoting the 'Bullying No Way' and the 'Power of One' programs at Bethany so far this year.

I look forward to working with parents, carers and all staff in Term 2.

God Bless and Keep Safe.

Cheryl Brown

# Important Dates

<b>Saturday 19th May</b>	<b>Confirmation Presentation Ceremony - 5:30 pm</b>
<b>Sunday 20th May</b>	<b>Confirmation Presentation Ceremony - 9:30 am</b>
<b>Wednesday 23rd May</b>	<b>National Simultaneous Storytime - 11 am</b>
<b>Wednesday 23rd May</b>	<b>P &amp; F meeting - 7 pm</b>
<b>Thursday 24th May</b>	<b>Athletics Carnival - Years 3 - 6 Blair Oval</b>
<b>Monday 28th - Wednesday 30th May</b>	<b>Year 6 Camp - Canberra</b>
<b>Tuesday 29th May</b>	<b>Kinder - Year 2 Athletics Carnival</b>
<b>Thursday 31st May</b>	<b>Principal's Award Morning Tea - Group A</b>
<b>Friday 1st June</b>	<b>Principal's Award Morning Tea - Group B</b>
<b>Friday 1st June</b>	<b>Celebration Assembly - Kinder - 2:15 pm</b>

# RELIGIOUS EDUCATION



## CatholicCare

### Tips for Fostering Healthy Relationships

#### ***Creating safety and security***

- Talk with your partner, if you have one, about the rituals that you'd like to create for your child and family – for example, bedtime stories. Rituals add to your child's sense of security and belonging.
- Talk with your child about feelings. You might even make a regular time to share feelings. For example, each family member could share their 'highs and lows' for the day at your evening meal.
- Plan what you'll do to manage 'big' feelings in a calm way. If you or your child is feeling stressed or upset, you might like to take a walk, listen to music or phone a friend to help you cope.
- If you find yourself feeling critical and angry a lot of the time, it might be good to focus on looking after yourself or to get help with managing these feelings.
- Show respect for each other by listening, waiting until people have finished speaking and avoiding criticism. If you need strategies, you could look at ways to improve your negotiation, problem-solving and conflict management skills.

#### ***Creating warmth, care and positive attention***

- Tell your child how much you love them, and look for opportunities to tell your child you're proud of them.
- Smile and look into your child's eyes when you talk to them.
- Create a family games night in teams.
- Write down activities that you enjoy doing together as a family (they don't have to cost much, or anything for that matter) and place them in a jar. When your children are bored or you don't have a creative idea for an activity, you can choose one from the jar at random. Keep an eye out for CatholicCare's bi-annual newsletter, Connect, coming in Winter 2018 for more ideas on this topic.
- Show physical affection when you can.
- Praise and encourage the people in your family when they do something well or something kind for others. For example, 'Harriet, thank you for unpacking the dishwasher this morning – it was a big help'. Be specific with your praise and describe the behaviour and its benefits.
- Create a family photo album, or themed album, and encourage your child/children to also take photos for it.
- Show your care through creating fun shared times together.
- Create opportunities for special one-on-one time, doing something you both enjoy.

# RELIGIOUS EDUCATION

## ***Creating family rules and routines***

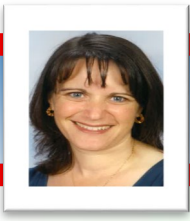
- Involve your child in tasks and chores and let them help work out who does what in your family. This gives a sense of contributing to family life.
- Cook together as a family.
- Involve your children in the running of a household, show them how to fold washing for example
- Have regular family meetings to get your child involved in making family rules and planning for family events.
- Adapt routines and rules as your child gets older. This might be as simple as letting your child have a later bedtime or curfew, or letting them make dinner one night a week.
- As your child reaches adolescence, you can explain that extra independence goes along with extra responsibility.

## ***Creating good communication***

- Try to stop what you're doing and give your full attention when your child wants to talk to you. If you can't give your full attention, let them know when you can.
- Leave a note in your child's lunch box so that they know you're thinking of them.
- Have family meals together as often as possible, at the table with the TV off. This is a time when you can share what's happening in your lives.
- When emotions run high, talk to your child about what they're feeling and ask what they need.

## ***Connecting your family to others***

- Encourage your children to see their grandparents, aunts, uncles and cousins. If they live far away, talk to them on the phone, write letters or emails, or make video calls.
- Invite grandparents, aunts, uncles, cousins or family friends to school or sporting events that are important to your child – for example, an awards ceremony or performance.
- Get yourself and your child involved in a local community group or sports club. This gives your child the chance to get to know new people and to see community members working together.



# LITERACY - Mrs Baldacchino

## Write4Fun

**Write4Fun** was a writing competition held in Term 1. Several students from Bethany entered this competition. Students were required to write a poem or a short story on a theme of their choice. We congratulate two of our Stage 3 students, who entered their compositions. Sonny Maviglia entered a short story whilst Mia Lazare entered a poem. These students made it to the next round of the competition and will have their compositions included in the 2018 Write4Fun anthology. Sonny's and Mia's entries are listed below.

### **Soccer Superstar** by Sonny Maviglia

*This is a true story that is 50% true. It takes place at Allianz Stadium in Turin Italy. Paulo Dybala has just signed for a professional soccer team called Juventus. He is training on the pitch with his mate Gonzalo Higuain. They are preparing for the Champions League final against the Spanish giants Real Madrid.*

*The world's best player Cristiano Ronaldo says to Dybala "You can't shoot for your life". Dybala lost all of his confidence. Real Madrid came out with a 4-1 win over Juventus. Dybala got one shot and it hit the post.*

*Dybala did personal training every day and he became one of the best footballers in the world. Juventus' next game was against Chievo Verona. In the first minute, Dybala got a bad hamstring injury. Allegri cheered him up but Dybala couldn't play for two years. The doctor's said Dybala might not play again.*

*Two years later... after two years of healing, he was back from injury. Juventus' next game was against Tottenham Hotspur. It was his best game ever. He scored and Juventus held off to a 2-0 win. Juventus got to the Champions League final. The Ballon d'Or was being announced. The team of the year was Buffon (Juventus), Ramos (Madrid), Chiellini (Juventus), Dani Alves (PSG), Marcelo (Real Madrid), Pjanic (Juventus), Renaldo (Real Madrid), Dybala (Juventus), Messi (Barcelona) and Harry Kane (Tottenham). The Ballon D'or winner was Paulo Dybala. He is the best player in the world. Dybala scored a hat trick as Juventus won the Champions League against real Madrid 3-0.*

*Dybala is a soccer superstar.*

### **The Fish In The Pond** by Mia Lazare

*How can I be noticed?*

*How can I be found?*

*No one is here, I can't hear a sound.*

*I don't want to move,*

*But I know if I don't, others won't approve.*

*I swim, and I swim, I don't want to stop*

*But I keep going 'til I reach the very top.*

*Then all of a sudden, I see someone*

*Just like me and everyone else, I stop*

*Life's too short to be by yourself.*

*I go over to her*

*As I know just what to do to help!*



## SPORT - Mrs Dowlan

### **Annual Athletics Carnival**

As you are aware, our carnival is to be held Thursday Week 5 at Blair Oval, St Marys for students in years 2 - 6. At this stage there are still many outstanding permission notes. I ask that these are completed and returned to your child's teacher ASAP.

Entries for the 800m event have now closed. A reminder that the students entered into the 800m will need to be on the first bus that leaves promptly at 8:30am.

As always, an event like this is difficult to run without the support of our parent and carer community. If this is something you think you may be able to assist with, please complete the applicable section on the permission slip or contact the school office with your name and details. We are still in desperate need of timekeepers.

I look forward to this event as do the students and hope to see you there on the day.

### **Stage 3 Girls (Year 5) Soccer Gala Day Team**

The following year 5 girls will be representing Bethany at the Diocesan Gala Day to be held on Tuesday 29th May:

Sara Malinowsky  
Isabel Denic  
Sophie Folkes  
Sarah Shanley  
Ava Boog  
Madison Jenkins  
Olivia Jurcic  
Arok Dau  
Georgia Dudley  
Zara Harris  
Georgina Martin  
Indiana Primmer  
Charlee Stafford  
Sienna Kitchener

Permission notes need to be returned once completed.

We wish these students the best of luck. We know they will do themselves and our school proud!

### **Stage 3 Boys Soccer Gala Day Team**

Expressions of Interest will go round to the stage 3 classes shortly. This event is to be held 19th June (Tuesday Week 8).

# LIBRARY NEWS - Mrs Liepa

A huge congratulations to Isabelle Denic of 5 Blue for already completing the 2018 Premier Reading Challenge.

Well Done Isabelle!



Could we please continue to encourage all students to participate in this year's Premier Reading Challenge. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

A special thank you to Beth Scott, Maria Holly and Annemarie Kemp for assisting in the covering of our fantastic new readers. Your time and effort is greatly appreciated.

Happy Reading!  
Roseanne Liepa



# OTHER NEWS

## **BETHANY COMPLAINTS AND GRIEVANCES HANDLING**

If at any time you find that you have a concern with the school, you are encouraged to come to the school and speak with the teacher/s, Assistant Principal and / or Principal to find a resolution for your concern.

It is our aim to work with all members of our school community to ensure that we do the very best we can to provide a productive, safe and enjoyable learning experience for our students and professionally fulfilling experience of our staff.

If you would like to raise a concern formally, the Catholic Education Office has procedures for ensuring that complaints are handled fairly. Further Information, including how to lodge a complaint, can be obtained from the Bethany Complaints and Grievances Handling Policy available from the Office.

## **FOOD ALLERGIES - PEANUT PRODUCTS**

We request that all parents/carers refrain from sending children to school with peanut butter sandwiches or nut based snacks so that it is safe for all and to minimise the dangers.

Whilst staff are annually trained for Anaphylaxis and First Aid, we rely on parents and carers to follow safe protocols in relation to this request.

Encourage your child not to share food so as to protect those in most danger with these allergies.

## **SCHOOL FEES**

School fees will be sent out within the next seven days. The due date of instalment 2 is Wednesday 6th June 2018. If you are having financial difficulties or did not receive your statement, please call Mrs Vincent on 4723 3700.

## **WINTER UNIFORM**

We are now settling in to Term 2 and it is expected that all children are now wearing the full winter uniform. Please refer to the Bethany website for uniform requirements.

# OTHER NEWS

## **BETHANY CLOTHING POOL**

As the weather is well and truly cooling and we move into our winter school uniform, we would like to remind all parents of the Clothing Pool located in the school. The clothing pool is open every Tuesday from 2:30—2:45 and has some great quality clothes. We would like to thank those parents who have kindly donated uniforms. And a huge thank you to Maria Holly and Kylie Obuch the volunteers for running the clothing pool each week. You are amazing!

## **BUS TRAVEL AND PEDESTRIAN SAFETY**

Residents of Glenmore Park have expressed concern to Council about students crossing the road in front of buses and other vehicles when they get off the bus in the afternoons, particularly on Woodlands Drive. Please check that your child is crossing the road safely.

For all students who travel to and from school by bus:

- When students step off the bus, they should ALWAYS wait until the bus has driven away and the road is free from traffic before crossing the road
- Wait for your child at the bus stop, not across the road
- For children under 10 years, hold their hand to cross the road
- Please teach your child to cross safely, looking both ways for traffic and using a pedestrian crossing if available
- Check in regularly with older children over 10 years about walking home safely
- Buses are large, heavy vehicles with large blind spots. Cross the road after the bus has driven away, and look both ways.”

# OTHER NEWS

**AUSTRALIAN  
TRAINING  
AWARDS**

**2017 Finalist**  
Schools Pathway to VET

McCARTHY  
CATHOLIC TRADE  
TRAINING CENTRE

## YEAR 10 STUDENTS & FAMILIES



Combine your HSC Studies with Trade Qualifications and the opportunity to be employed as a School Based Apprentice/Trainee

**Trades/Vocations Include but are not limited to:**

- Automotive
- Metals and Engineering
- Carpentry
- Hospitality
- Electrotechnology
- Hairdressing
- Bricklaying
- Early Childhood Education and Care
- Plumbing
- Shopfitting

## 2019 INFORMATION EVENING

### 6PM WED 30 MAY



/McCarthyTTC



McCarthy Catholic Trade Training Centre  
75 Mackellar Street, Emu Plains 2750  
P 4728 8129  
E [mccarthyttc@parra.catholic.edu.au](mailto:mccarthyttc@parra.catholic.edu.au)  
W [www.mccarthyttc.catholic.edu.au](http://www.mccarthyttc.catholic.edu.au)

# OTHER NEWS

High Tea to be held in the Bethany School Hall. Tickets are \$50 each and are available from the Parish Church Office.



[Do you have a child interested in ART?](#)

At my dynamic art classes, students will make 2D and 3D artworks using a range of materials and become inspired by art history.

Afternoon lessons on Monday, Wednesday, & Thursday or Saturday morning. \$160 for 8 weeks. Suit ages 6-12. Tuition includes materials and a visual diary. Located in Emu Plains.



**Contact:**

Na'ama Atzmon-Simon

0413-694-030

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More information: [www.reach4stars.com.au](http://www.reach4stars.com.au)

