Dear Parents, Carers and Friends of Bethany,

This FREE event for all parents, caregivers is one not to be missed!
When: Monday, 29 May 2017 - doors open at 6:30pm for 7:00pm start
Where: St John XXIII -160 Perfection Ave, Stanhope Gardens

The Parent Representative Council of Parramatta are proud to provide parents a free evening with Dr Justin Coulson who will help provide you practical information on raising kids who'll bounce back from adversity and challenging times.
Have you ever watched your child give up too quickly and easily, moaning 'I can’t'. Perhaps your child resists going to school because they don’t like their teacher or their friend rejected them. Maybe they failed in a sporting contest or an exam.

One of the most frequent questions Kidspot parenting expert Dr Justin Coulson is asked is ‘How can I help my child become resilient?’ Friendship problems, bullying, physical changes and parenting styles are just some of the issues that can affect our children's ability to bounce back from difficulty and adapt to challenging situations. Helping our children develop resilience can have lifelong positive effects.

Dr Justin Coulson is one of Australia's leading parenting experts and is a highly sought-after international speaker and author. He has written multiple peer-reviewed journal articles and scholarly book chapters, as well as several books and ebooks about parenting, including the recently released #1 parenting book, 21 Days to a Happier Family (Harper Collins, 2016).

Justin is an Honorary Fellow at the Centre for Positive Psychology in the Graduate School of Education at the University of Melbourne. He is a consultant to the Federal Government’s Office of the Children’s e-Safety Commissioner, and has acted (and continues to act) in an advisory capacity to well-known organisations including Beyond Blue, the Raising Children Network, Life Education, Intel Security and many more. In addition, Justin is consistently sought after by the media for his expertise. He writes a weekly parenting advice column for Sydney’s Daily Telegraph, appears regularly on The Project, the TODAY Show, Studio 10, Mornings, and a large number of radio stations around the nation, and he is the parenting expert at kidspot.com.au, Australia’s number one parenting website.

You can register for the event on the website below. The registration form provides the opportunity for parents to write questions you might like Justin to respond too.


I will be attending the event, I look forward to seeing Bethany parents and carers.

God Bless and Be Safe - Cheryl Brown - Principal
Below is the Term 2 Health curriculum overview. Each grade engages in a Health lesson taught by Mr Robert Price throughout the week. The topics are identified below according to each grade; with a title, and the key questions that the teacher and students engage with discussion during the lesson. I encourage you to talk to your child about the topics/themes they are studying throughout the term.

Kindergarten Topic: **Keeping Myself Safe**
Key Questions:
What can I do to keep myself and other safe?
What are safe and unsafe places, people and things?

Year 1 Topic: **Medicines and Me/ Play it Safe**
Key Questions:
How can I keep myself and others safe around Medicines, at home, at school and near water?

Year 2 Topic: **Food, Fun and Fitness**
Key Questions:
How does physical activity and healthy eating Affect my health and lifestyle?

Year 3 Topic: **Drugs affect me/ Keeping Safe and Healthy**
Key Questions:
How do drugs (medicines, tobacco and alcohol) Affect me?
How can I keep my environment healthy and Respond to an emergency situation?

Year 4 Topic: **Me and My Mates**
Key Questions:
What are positive relationships and the benefits of Belonging to different groups?
How do I communicate, manage conflict and be a Peach maker?

Year 5 Topic: **Fit for Life**
Key Questions:
What contributes to an active and healthy lifestyle?
How can I be responsible for maintaining my own Health and well-being?

Year 6 Topic: **We Have The Right To Feel Safe**
Key Questions:
What are safe practices that are appropriate to a Range of situations and environments?
Congratulations to the following stage 3 boys and girls who will be representing Bethany at the football (soccer) gala days in week 5 and week 10 of this term.

Tara Stoll
Madison Cooney
Charlyse Russo
Kiara Parkinson
Samantha Tornatore
Charlotte Wood
Eva Buterin
Abbey Wilson
Alyssa Tagudin
Bailey Hayward
Amy Doherty
Kyla Grosse
Kiana Hale

Christian Fabiano
Brodie Dempsey
Marley Hayward
Tristan Scott
Lucas Grbin
Karlo Sudulic
Alastair Wood
Cooper Stafford
Cooper Shaw
Kobe Tavares
Jack Buterin
Herbert Malinowsky
Liam Coburn
Ryan Evans

Trials for stage 2 boys and girls football (soccer) teams will be held in the near future.

Permission slips have gone home for the upcoming Athletics Carnival being held on 2nd June at Blair Oval. Please remember to complete the additional sections to the note re: entering the 800m race and if your child competes in Little Athletics, their current PB’s for discus and high jump. Note these two events are offered at the zone level only.

Parent volunteers are needed on the day so please indicate on the form if you can assist. Any help will be appreciated.

Jodie Donlan
Sports Coordinator
ATTENDANCE

Hope you’re well. I have the classes with 100% attendance:

KB, 1R, 1B, 2W, 3R, 3W, 3B, 4W, 5B, 5G

Bethany attendance: 85.2%

WINTER SLEEPOUT

As all Primary families would be aware, at the end of this school term we will be holding our very first Winter Sleepout. The purpose of this event is to raise students’ awareness about the issue of Homelessness in our society. To coincide with the Sleepout, we will be holding a pyjama day for the whole school community. Students who participate in the sleepout will be collecting sponsors and raising funds for the St Vincents de Paul Society.

Thank you to all the students who have put their names down for the event, as well as to the parents who have offered to give some of their time during meal times. Further details will be sent home soon regarding, sponsorship cards and the agenda for the night. Thank you in advance for supporting this worthwhile cause.