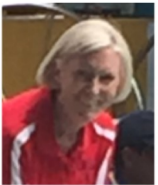


# BETHANY'S NEWSLETTER

FRIDAY 22nd March 2019

TERM 1 WEEK 8



## PRINCIPAL'S MESSAGE

Dear Parents, Carers and Friends of Bethany,

Welcome to Week 8 Newsletter.

Over the past fortnight our Bethany community has been busy with learning and teaching. The Year 5 students attended their Year 5 Camp at Wedderburn Christian Centre, where all the children engaged in a number of amazing activities; Archery, Laser Tag, the Big Swing, Flying Fox, and Rock climbing to name a few.



On the 7<sup>th</sup> March, Miss Caitlyn Sibbald and Miss Chloe Dean-Dewstow were special guests at the Catholic Education Diocese of Parramatta Commissioning Mass at St Patricks, Blacktown. A number of Bethany staff attend the Mass and on Wednesday night this week, more than 20 staff members attend a evening meal in honour of Caitlyn and Chloe.



# PRINCIPAL'S MESSAGE

Today, the Bethany Super Heroes come to school in all grades... It was a amazing day with all our students and teachers dressed up as their favourite Super Heroes to support Bullying. NO WAY!!! A very big thank you to our parents for helping our student with their Super Hero outfits.

Check out our Kinder Kids... Aren't they sooo cute!!!!



## DEFINITION OF BULLYING

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those

involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Bullying. NO WAY.. website

<https://bullyingnoway.gov.au/WhatIsBullying/DefinitionOfBullying>

Bullying No Way – Kid's Helpline.

<https://kidshelpline.com.au/teens/issues/bullying>

Have a great weekend..... Let us be reminded of the sign when we enter our school everyday...

***Welcome to Bethany***

***In Christ We Love and Serve***

***Our school name was inspired by the  
ancient biblical village Jesus often visited  
and is associated with  
hospitality, service, listening and learning.***



# ASSISTANT PRINCIPAL'S MESSAGE

## STAFF PROFESSIONAL LEARNING

At Bethany we are committed to ensuring that we have a collaborative professional learning culture at our school. The following professional learning opportunities are then translated to improvements in classroom practice, so that student learning can be maximised.

### Week 9:

- Tuesday 26th March - Mrs Cignarella will be attending Reading Recovery Training
- Wednesday 27th March - Mrs Andreatta will be attending Reading Recovery Training

### Week 10:

- Monday 1st April - Mrs Brown, Mrs Andreatta and Mrs Davis will be attending Personalised Plan Training
- Tuesday 2nd April - Miss Vella will be attending the Google Class LTST Training
- Wednesday 3rd April - Mrs Andreatta will be attending an EMU OPaL Inservice
- Thursday 4th April - Mrs Cignarella will be attending Reading Recovery Training

### Week 11:

- Monday 8th April - Miss Joseph will be attending a NAPLAN Refresher Course
- Thursday 11th April - Miss Joseph will be attending the OPaL Training

Mr Scott Carroll (CEDP personnel) will continue to work in the Stage 2 spaces around the new RE Curriculum on Monday 25th March and Monday 8th April. Mrs Lise Sercombe (CEDP personnel) will continue to work on Literacy practices, alongside the Stage 1 team of teachers on Wednesday 3rd April.

## NAPLAN Update

We wish to inform all Year 3 and 5 parents that the students will be sitting for NAPLAN practice tests in Week 9. It is one 45-minute omnibus test for both Years 3 & 5 and a writing test for the Year 5 students. The purpose of the tests is to allow students access to the online assessment platform via the locked down browser so they can experience its functionality and online tools. Whilst students do not need to be computer experts to sit the Online test, this is a key step in getting our students ready for NAPLAN Online.

The NAPLAN Online tests will be taking place in the following specific order. The NAPLAN Online assessment window starts on Tuesday 14 May and finishes on Friday 24 May 2019. Individual students are not permitted to sit the online tests after Friday 24 May 2019.

Test	Duration	Order	Details
Writing	Year 3: 40minutes Year 5: 40 minutes	To be completed in the first two days	Year 3 students do a paper-based writing test on day one only
Reading	Year 3: 45 minutes Year 5: 50 minutes	To be completed after the writing test	Students read a range of informative, imaginative and persuasive texts
Language Conventions	Year 3: 45 minutes Year 5: 45 minutes	To be completed after the reading test	This test includes spelling, grammar and punctuation
Numeracy	Year 3: 45 minute Year 5: 50 minutes	To be completed after the conventions of language test	This test includes number and algebra; measurement and geometry; and statistics and probability

# IMPORTANT DATES

Friday 22nd March	P&F Disco, Dress in fluoro - Infants: 6:00pm - 7:00pm Primary: 7:15pm - 8:30pm
Tuesday 26th March	Sacrament of Penance and Reconciliation- 6:30pm - 7:30pm
Thursday 28th March	Year 5 Warner Youth Education - Grafitti Awareness - 1:50pm - 2:35pm
Friday 29th March	Cross Country and Fun Run, Ched Towns Reserve - 8:45am - 11:00am
Friday 5th April	Back up date for Cross Country and Fun Run
Sunday 7th April	Children's Mass St Padre Pio Parish - 9:30am
Monday 8th - Friday 12th April	Holy Week at Bethany
Tuesday 9th April	Confirmation enrolment forms due
Tuesday 9th April	Easter Hat Parade
Friday 12th April	50's Rock 'n Roll night
Friday 12th April	Last day of Term 1
Monday 29th April	First day of Term 2 - students return





# REC—Mrs Cignarella

## LENT

Lent is a special time set aside by the Catholic Church for spiritual renewal and reflection on Christ's passion and resurrection.

The season of Lent reminds us why we follow the gospel teaching: to ensure the poor are fed, the thirsty are given drink and that the poor and outcast are given welcome.



### Isaiah 58:6-9

- 6 "Is not this the kind of fasting I have chosen:  
to loose the chains of injustice and untie the cords of the  
yoke, to set the oppressed free and break every yoke?
- 7 Is it not to share your food with the hungry and to provide the poor  
wanderer with shelter - when you see the naked, to clothe them, and  
not to turn away from your own flesh and blood?
- 8 Then your light will break forth like the dawn, and your healing will  
quickly appear; then your righteousness will go before you, and the  
glory of the Lord will be your rear guard.
- 9 Then you will call, and the Lord will answer; you will cry for help, and  
He will say: Here am I.

## PROJECT COMPASSION

**Project Compassion** is Caritas Australia's annual Lenten fundraising and awareness-raising appeal. Millions of Australians come together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.

The theme for Project Compassion 2019 asks us to **Give Lent 100%** in the name of hope. This year, Project Compassion asks us to focus on how lives change when we all give 100%. Let us take time today to reflect on how we can live our Lent by committing 100% to prayer, fasting and almsgiving.

Some questions for you and your family to reflect upon during this season of Lent:

- What does hope mean to you?
- Where do you see hope?
- How can you show others you are hopeful?
- How can you give Lent 100% this year?
- How might you show others you are giving 100% this Lent?



We have a number of Project Compassion boxes available for any family interested in collecting one for their homes. Please see Mrs Cignarella if you are interested.



# Literacy—Mrs Biordi

Every child at Bethany is given the opportunity to develop reading skills through explicit instruction. We have a rich selection of books for students to borrow from our school library, to consolidate reading skills and promote the LOVE of reading. Please ensure your child has their library bag on their scheduled library day.

The local Penrith library is also a great source of enjoyment for the entire family. If you don't already have a free library card, why not apply? Did you know you can read and download hundreds of FREE e-books, audioBooks and e-magazines using your library card? This is the perfect way to enjoy reading on your iPad, iPhone or Android device.

[Subscribe to e-magazines](#) using your library card and LOGIN using your date of birth.

[Subscribe to e-books and audiobooks](#) using your library card and LOGIN using your date of birth.

Adults who read also send a powerful message to children. When adults model a love of reading children are more likely to read themselves. At Penrith Library there are 100+ e-magazine titles available, such as:

Oprah, Yen, Donna Hay, Wellbeing, Organic Gardening, Vogue Living, Rolling Stone, Harper's Bazaar, Golf Digest, Big League, Total Film, Vogue, Delicious, Reader's Digest, PC Magazine, PC World, Men's Health, Inside Out, The Economist, Elle, Esquire, F1 Racing, Golf Australia.

School holiday activities at the library are another way to ignite a passion for reading. Please use the following link to see exciting activities scheduled for the April holidays. <https://www.visitpenrith.com.au/events/family/school-holiday-activities-the-library>





# SPORT—Mrs Neilly

## SCHOOL CROSS COUNTRY

Our school Cross Country and Fun Run is in Week 9 on Friday 29th March.

The first 6 places in each age group from our school's cross country will be eligible to compete at the Diocesan Cross Country as long as they qualify within the times.

Note: 8/9 years and 12/13 years are a combined age group.



## CROSS COUNTRY AGE CATEGORIES AND DISTANCES - UPDATED FOR 2019

Age Group	Distance	Qualifying Time - GUIDE ONLY	Event Time - GUIDE ONLY
8/9 Years combined age group - BOYS	2km	completed within 12 mins	8:45 am
8/9 Years combined age group - GIRLS	2km	completed within 13 mins	8:55 am
10 Years BOYS	2km	completed within 12 mins	9:05 am
10 Years GIRLS	2km	completed within 13 mins	9:15 am
11 Years BOYS	3km	completed within 18 mins	9:25 am
11 Years GIRLS	3km	completed within 19 mins	9:40 am
12/13 Years combined age group - BOYS	3km	completed within 18 mins	10:00 am
12/13 Years combined age group - GIRLS	3km	completed within 19 mins	10:20 am
Multi-Class All age groups	2km	completed within 15 mins	



# SPORT—Mrs Neilly

## HOCKEY

Congratulations to Joshua Bourke (Year 6) and Melissa Bourke (Year 4) for trialling and making the Parramatta Diocesan Hockey team. Joshua and Melissa will be playing in May at a competition in Canberra.

Best of luck to them both.

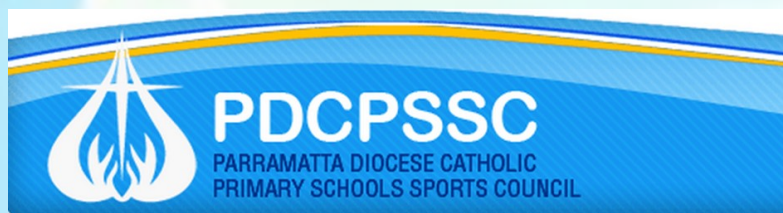


## SWIMMING

Good luck to our swimmers who will be swimming at the NSWCPSC carnival in Week 9 on Wednesday 27th March.

## PDCPSSC WEBSITE AND FACEBOOK PAGE

The Parramatta Diocese Catholic Primary School Sport Council Website and Facebook page is a great way to find out information and get updates on Sport in our Diocese.





# PBS4L

## PBS4L Lessons update!

*How can we as students at Bethany, demonstrate that we are safe, respectful learners who follow Jesus in all settings?*

### All Settings Lesson Plans

**In Christ We Love and serve**  
**At Bethany we follow our three school rules**  
*We are Safe*  
*We are Respectful*  
*We are learners*



Every week, students will be engaged in a series of lessons which will focus on our three overarching school rules - *I am Safe, I am Respectful and I am a Learner.*



### We are Respectful

#### FOCUS OF THE WEEK

Week 8 - We use active listening and follow instructions

Week 9 - We care for and respect each other

Week 10 - We care for our environment

Week 11 - We wear our uniform with pride

Our first lesson was based around our Focus of the Week - *We use active listening and follow instructions*

**Learning Intention:** We are learning to be respectful in all school settings.

**Success Criteria:**

I can:

- explain what active listening is
- show active listening in all settings
- compare and contrast appropriate and inappropriate active listening



# PBS4L

At Bethany it is important that we listen and follow instructions as it shows respect to the person speaking.

At Bethany, active listening is:

- acknowledging the person who is speaking with full attention and eye contact
- affirming through body language that the speaker is being heard
- listening with eyes and ears

Students were both engaged and entertained when they viewed a short clip of the teachers, teaching them about the importance of active listening and how this shows respect to the person speaking!

The first clip showed the very opposite of active listening. It was disruptive and disrespectful. No eye contact, talking over the teacher or while the teacher was talking, not following instructions.



The next clip showed how to be active listeners using the 5 L's;

- **Look** with your eyes
- **Listen** with your ears
- **Lips** are closed
- **Laps** are where your hands are
- **Legs** are crossed

We are looking forward to developing our next short clip, showing how to care for and respect each other! The students may get to see some different faces in the next lesson!



# WHS - MRS CIGNARELLA

## EVACUATION PLANS AND PROCEDURES

**It is a legal requirement that all workplaces have an emergency plan. Preparing a school for an emergency is an essential element of Work, Health and Safety (WHS).**

No one can predict when an emergency is going to take place. Emergency situations may arise due to a fire, explosion, medical emergency, natural disaster, bomb threat or violence. Plans will help staff and visitors in any type of emergency.

By the end of the term and every term after, the staff and students will undertake evacuation drills to prepare them if an emergency ever arises. Emergency drills should be undertaken a minimum of once per term and staff must be trained. At Bethany, there will be one announced and one unannounced drill every term. The teachers have reviewed the 2019 Evacuation procedure and an announced drill is scheduled for Friday of next week. After the drill, there will be a feedback session to discuss if any amendments need to occur.



# PARISH

## ALTAR SERVER TRAINING

Altar Server Training will take place tomorrow at 1:30-3:00pm in the Padre Pio Church.

If you have received your First Holy Communion you are eligible to attend this training. All current Altar Servers are also required to attend this training. A parent or guardian is required to be in attendance with their child(ren).

An RSVP sheet is available in the Church for those who would like to attend.

“PRAY, HOPE,  
AND DON'T  
WORRY.”

Padre Pio



ST. PADRE PIO  
PARISH  
GLENMORE PARK

# Enrolment Information

## Enrolling Now for Kindergarten 2020

We are accepting Enrolments now for 2020 Kindergarten children. This includes our siblings at Bethany. Please contact the Office for an Enrolment pack and to make a time for an enrolment interview.

First interviews are on Saturday the 30th March 2019.

Kindergarten enrolments for 2020 will close on 1st June 2019. Any enrolments received after this date will be deemed as a “late enrolment”.

# GIRL GUIDES



GIRL GUIDES  
AUSTRALIA  
NSW & ACT

## Girl Guides meet near you!



*Laughter,  
Learning,  
Friendship and  
**FUN!***

Girls aged 6-17 years!

PHONE: 1300 GIRL GUIDES

WEBSITE: [www.girlguides-nswact.org.au](http://www.girlguides-nswact.org.au)

# HOLIDAY ACTIVITIES



**2-DAY  
SUPER CAMP  
April 2019**

WHERE EVERY CAMPER'S  
TREATED LIKE A ROCK STAR

Duration: 2-days Age: Kindy - Yr 6 Time: 8.30am - 3.30pm daily  
EXPERIENCE: 12 HYBRID SPORTS | 6 SUPER SESSIONS | AMAZING COACHING

**TUE 16TH & WED 17TH APRIL NEPEAN CHRISTIAN SCHOOL**  
**GET MOTIV8TED DURING THE APRIL SCHOOL HOLIDAYS**  
**AT THE ONE AND ONLY MOTIV8SPORTS SUPER CAMP 2019.**

Join our amazing coaching team and be apart of a camp like no other!  
Our coaching crew made up of teachers and professional sport coaches are ready to  
engage, motiv8 and inspire your child regardless of their ability. Experience Super  
Soccer, Ultimate League, Big Dog Cricket, Vortex Gridiron and many more amazing  
sports we have created. Campers are placed into age appropriate groups of 16 and make  
no mistake safety, discipline and supervision are our number 1 priority.

**VISIT [MOTIV8SPORTS.COM.AU](http://MOTIV8SPORTS.COM.AU) TO VIEW OUR CAMP  
COMMERCIAL & DISCOVER THE COOLEST SPORTS EVENT  
PROVIDER ON THE PLANET**

**\$70 LAUNCH OFFER: INCLUDES**  
**OVER 16 HOURS OF COACHING, FREE HAT, FREE JERSEY, BBQ  
LUNCH, PRIZES AND SPORTS STAR VISIT**  
**BOOK NOW!**

BOOK online

# HOLIDAY ACTIVITIES

**KIDS  
CAN ACT**

## APRIL HOLIDAY WORKSHOPS

**Mon 15th April**  
Springwood Court

**The Wizard of  
Oz Trial** (Mini Musical)  
9:00am - 5:00pm

**Tue 16th April**  
Springwood Lawin St

**1,2,3 Let's Make A Movie  
The Girl in the  
Locked Room**  
9:30am - 3:30pm

**Puppetry**  
2:30pm - 5:00pm

**Wed 17th April**  
Penrith

**Time for An  
Adventure**  
9:30am - 1:30pm

**1,2,3 Let's Make A Movie  
Mystery of the  
Whispering Trees**  
1:30pm - 5:30pm  
(OLDER KIDS 9-15yrs)

**Thu 18th April**  
Springwood Court

**Fairylicious Fairies  
& Mischievous Elves**  
9:30am - 1:30pm

**Drama Queen  
Makeovers**  
1:30pm - 5:00pm

**Tue 23rd April**  
Penrith

**1,2,3 Let's Make A Movie  
The Girl in the  
Locked Room**  
9:30am - 3:30pm

**Puppetry**  
2:30pm - 5:00pm

**Wed 24th April**  
Springwood

**Time for An  
Adventure**  
9:30am - 1:30pm

**1,2,3 Let's Make A Movie  
Mystery of the  
Whispering Trees**  
1:30pm - 5:30pm  
(OLDER KIDS 9-15yrs)



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