Year Five Personal Development Evening

Dear Parents,

This term Year Five will be learning about how their bodies grow and develop as part of the Personal Development and Health unit. Key elements discussed will include the following topics:

- How am I similar and different to others?
- What are my strengths and achievements?
- What factors impact on my body image?
- How do I feel in different situations?
- How does my body grow and change?
- What happened before I was born?
- How does puberty begin?
- What’s happening for the boys and the girls?
- How do I cope with physical change?

This is an important unit, providing students with information they may be uncomfortable discussing with others. There are also some topics that children may wish to discuss, but may not be addressed at school. To ensure parents are aware of the content being taught, an information session is being held. This session will show parents the resources used in the student lessons so parents can support their children at home. If you are interested in attending this information session please indicate below.

Date: Tuesday, 29th July, 2014
Time: 7:30pm – 8:30pm (approx.)
Location: Bethany School Library

If you are interested in attending this information evening, please indicate below.

Yours sincerely

Year Five Teachers

Year Five Personal Development Evening

I ___________________________ will be attending this Personal Development information evening on Tuesday, 29th July at 7:30pm.
My child _______________________ is in class _______. 