Monday, 23rd February, 2015

Dear Parents,

The Annual Bethany Cross Country will be held on **Friday 27th, March** at Ched Towns Oval, Glenmore Park. The main outcome of the Bethany Cross Country is for the children to have fun, develop fitness and encourage school spirit. All children in Years 2-6 will participate. The secondary purpose is to select a School Cross Country team for the Diocesan Cross Country. Any child turning **8 this year** onwards has the opportunity to compete at the Diocesan level.

**Entry Fee:** An orange cut in quarters brought on the day and a large bottle of water. Please encourage your child to be **well hydrated** on the morning of the Cross Country. Any child requiring medication, such as Ventolin, will be asked to have it with them.

Parents are encouraged to attend the Cross Country. To ensure it runs smoothly we are asking for parental assistance setting up and running the course on the day. Please indicate your availability on the slip below and forward it to your child’s teacher by **Monday 16th, March.** **PARENTAL HELP IS ESSENTIAL IN THE SUCCESSFUL RUNNING OF THE BETHANY CROSS COUNTRY CARNIVAL.** Any help is greatly appreciated.

The Cross Country is a school based activity in which all children participate. If you, for any reason, **DO NOT** want your child to participate in this event, please notify your child’s teacher in writing by **Monday 16th, March.**

Please fill in the ‘Medical Slip’ below ONLY if your child has a medical condition.

Karina Sarkisian
Sports Coordinator

MEDICAL SLIP

Child’s Name ___________________________ Class _______

My child has the following medical condition ___________________ and may need to take ___________________ with him/her on the day.

Signed ____________________________

PARENTAL ASSISTANCE

☐ I am able to assist with the course on Friday 27th March, 2015.

Name: _____________________________ Child’s Name & Class __________________